

Couple Healing Retreat @ Siriraj Sappaya-Sthana

Program A: 2 Days 1 Night (3 star hotel)

Day 1

8.00 **Pick Up from hotel**

9.30 **Visit Local Community – Wang Lang – Kudi Chin Community**

This historic area offers a genuine glimpse into traditional Thai community life. Wander through narrow lanes lined with colorful wooden houses, charming cafés, and small family-run shops. The community is famous for its rich cultural mix, blending Thai, Chinese, and Portuguese heritage, which you can see in the beautiful architecture and friendly local atmosphere.

10.30 **Private Long tail Boat – Wat Kanlaya – Wat Arun – Grand Palace**

Experience the magic of Bangkok from a completely different perspective with our exclusive Private Long Tail Boat Tour along the iconic Chao Phraya River. This private adventure takes you on a scenic journey aboard a traditional Thai long-tail boat, gliding past historic riverside communities and stunning temples.

11.30 **Lunch “Chom Arun” restaurant**

Enjoy a delightful Thai lunch with beautiful river views at Chom Arun, located right beside Wat Arun. The setting and cuisine make this a memorable dining experience.

13.00 **Couple Healing Retreat at Siriraj Sappaya Sthana**

Immerse yourselves in a private, rejuvenating healing session designed for couples. This special retreat combines traditional Thai healing practices with modern wellness techniques to help you relax, reconnect, and restore balance together.

The package includes private room and:

- Court-type Thai traditional massage with hot herbal compress – 120 mins
- Hot herbal steam baht – 30 mins
- Herbal body scrub and mask – 60 mins

17.00 **Transfer to hotel**

18.00 Dinner at Supatra River House

Conclude the day with a romantic dinner at Supatra River House. Savor signature Thai dishes such as Pad Thai and fresh juices while enjoying stunning river views and a gentle evening breeze.

- Traditional Thai Blessing – Jasmine Wristband at Restaurant

Return to The Theatre Hotel

Day 2

8.00 Breakfast at hotel

9.00 Free activity at hotel

11.00 Visit Wat Pho

One of Bangkok's most iconic and breathtaking temples, Wat Pho is a must-visit destination that beautifully blends spirituality, art, and history.

The highlight is the magnificent Reclining Buddha — a giant, golden statue measuring 46 meters long and 15 meters high, lying peacefully on its side. The sheer scale and intricate details, from the mother-of-pearl inlaid soles of the feet to the serene expression, never fail to leave visitors in awe.

12.00 Lunch at "HomPrung"

Enjoy a delicious and beautifully presented Thai lunch at Hom Prung, featuring fresh local flavors in a serene garden setting.

13.00 Workshop Herbal Inhaler or Thai Tea Blend at HomPrung

Join our expert-led workshop where you'll learn to create your own Herbal Inhaler or aromatic Thai Tea Blend using fresh, natural Thai herbs. This relaxing activity connects you with Thailand's ancient healing traditions and lets you take home a personal wellness souvenir you made yourself — perfect for refreshing your senses and continuing your self-care journey.

14.00 Visit "Siriraj Phimukhsthan Museum" – A Fascinating Journey into Medical History

This medical museum takes you on an intriguing journey through the history of medicine in Thailand and around the world. Wander through fascinating exhibits featuring real human specimens,

ancient medical tools, traditional Thai herbal medicine, and rare anatomical displays. Highlights include preserved bodies, historical surgical instruments, and insightful displays on forensic science and pathology.

Drop off at your preferred destination in Bangkok

The total package for couple is USD 1,910 which includes:

- The total price is for 2 people
- Accommodation for 1 night with breakfast included
- Transportation
- Entrance fee
- Lunch and dinner as mentioned restaurants in the program
- Local tour guide
- Service at Siriraj Sappaya Sthana for 2 people with private room



Kudi Chin



Kudi Chin



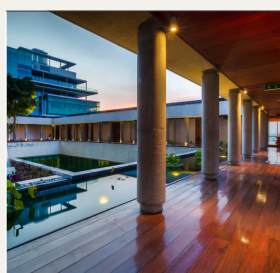
Long Tail Boat



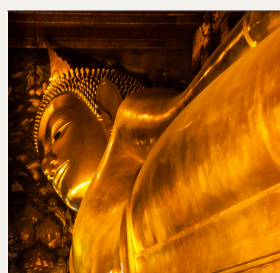
Grand Palace



Chom Arun



Siriraj Sappaya Sthana



Reclining Buddha



HomPrung