



Riverside Thai Wellness Retreat for Two

Couple Healing Retreat at Siriraj Sappaya-sathana

2 Days 1 Night · Bangkok riverside · Designed for two guests

Programme B Anantara Riverside Resort, 5 star

Starting from USD 3,430

Total price for two guests, confirmed at booking

Day One

2 Days 1 Night · Anantara Riverside Resort, 5 star



8.00 **Pick up from your hotel**

9.30 **Wang Lang and Kudi Chin Community**

This historic riverside quarter offers a genuine glimpse into traditional Thai community life. Wander narrow lanes lined with colourful wooden houses, small cafes and family-run shops, in a neighbourhood shaped by Thai, Chinese and Portuguese heritage.

10.30 **Private long-tail boat: Wat Kalayanamit, Wat Arun, Grand Palace**

See Bangkok from the water aboard a traditional long-tail boat reserved for the two of you, gliding past historic riverside communities and the city's most beautiful temples.

11.30 **Lunch at Chom Arun**

A relaxed Thai lunch with river views, seated directly across from Wat Arun.



DAY ONE CONTINUED

13.00 Couple Healing Retreat at Siriraj Sappaya-sthana

Immerse yourselves in a private, rejuvenating session designed for two. The retreat brings together court-type Thai traditional therapeutic massage and warm herbal care, delivered by licensed practitioners in a private wellness room overlooking the Chao Phraya.

- Court-type Thai traditional massage with hot herbal compress, 120 minutes
- Hot herbal steam bath, 30 minutes
- Herbal body scrub and mask, 60 minutes

17.00 Transfer to your hotel**18.00 Dinner cruise on the Supatra Boat**

Board at Wat Rakhang pier and dine as the city drifts by. Classic pad thai, fragrant curries, fresh seafood and Thai salads from the Supatra River House kitchen, served with a gentle breeze and the quiet sounds of the river.

- **Traditional Thai blessing: jasmine wristband on the cruise**
- **Transfer to Anantara Riverside Resort**



Day Two



8.00 **Breakfast at the hotel**

9.00 **Time at leisure**

11.00 **Wat Pho**

One of Bangkok's most beautiful temples, where spirituality, art and history meet. The highlight is the Reclining Buddha, a golden figure 46 metres long and 15 metres high, from the mother-of-pearl inlaid soles of the feet to its serene expression.

12.00 **Lunch at Hom Prung**

Fresh local flavours, beautifully presented, in a quiet garden setting.

13.00 **Workshop at Hom Prung: herbal inhaler or Thai tea blend**

An expert-led workshop where you blend your own herbal inhaler or aromatic Thai tea from fresh Thai herbs, and take home a wellness keepsake the two of you made together.

14.00 **Siriraj Phimukhsthan Museum**

A graceful journey through the history of medicine in Thailand, with exhibits of traditional Thai herbal medicine, historical instruments and rare collections.

● **Drop off at your preferred destination in Bangkok**



What is included

PACKAGE FOR TWO GUESTS, STARTING FROM

USD 3,430

- Accommodation for one night with breakfast
- Private transportation throughout
- All entrance fees
- Lunch and dinner at the restaurants listed in the programme
- Licensed local guide
- Couple session at Siriraj Sappaya-sthana for two guests, private room

Rates are indicative starting prices and are confirmed at booking. Some activities and rates may vary with availability and season.

DELIVERED BY

Premier Serene designs and coordinates the retreat. Wellness services at Siriraj Sappaya-sthana are provided by licensed Applied Thai Traditional Medicine practitioners working within their authorised scope of practice.

GOOD TO KNOW

Private wellness rooms are subject to availability and service procedures. The retreat is positioned as a wellness travel programme and does not replace medical diagnosis or treatment. Availability, inclusions and terms should be confirmed with Premier Serene before booking.



Kudi Chin



Long-tail boat



Couple bath suite



Hom Prung

ENQUIRIES AND BOOKING

contact@premierserene.com · WhatsApp +66 94 935 9299


Premier Serene